

CATERING MENU

Breakfast · Lunch · Dinner

Delivery Available

**PLATTERS****Scoop Platter** **\$9.95/person***Solid White Tuna, Egg Salad, Lox, Cream Cheese. Served with Bagels and Rolls***Platter with New York Style Bagels** **\$10.20/person****Sandwiches*** **\$65** (5-7 people) / **\$125** (10 people)*Solid White Tuna, Egg Salad, Lox, Cream Cheese**Prepared on an assortment of Breads: White, Whole Wheat, Pumpernickel, Multi Grain***Wraps*** **\$80** (9 assorted wraps) / **\$150** (18 assorted wraps)*Grilled Veggie/Mediterranean/Tuna/Spicy Tuna/ Greek/ Omelette/Grilled Portobello/ Grilled Salmon**Wraps: Whole Wheat, Sundried Tomato, Pesto*

*Option for Sandwich / Wrap / Panini Platter

Pinwheel Sandwiches (Minimum 3 Dozen. Multiples of 3 Dozen)*Egg Salad / Tuna / Cream Cheese / Guacamole*..... **\$13/dozen***Lox & Cream Cheese / Feta, Lemon & Rosemary / Salmon / Almond & Apple Butter* **\$15/dozen***Peanut Butter & Jelly*..... **\$13/dozen****Bruschetta**..... **\$20** (10" platter) / **\$35** (14" platter)*Toasted Baguette topped with Marinated Tomato / Mushroom / Olive Mixes. Add feta \$1 / piece.***Focaccia** **\$8** Medium (12") / **\$12** Large (16")*Herbed Italian Bread***Garlic Bread**..... **\$12/dozen****Grilled Veggie** **\$45** Medium / **\$75** Large**Crudités** **\$30** Small / **\$45** Medium/ **\$70** Large**Cheese, Crackers, Fruit, Condiment** **\$75** (8-10 people)**Fresh Fruit Platter** **\$50** Small / **\$70** Medium / **\$95** Large**Sushi Assorted** Please call**BREAKFAST TRAYS****Scrambled Eggs** **\$45** (9x13 deep tray)**Frittata** onion, mushroom, spinach, cheddar..... **\$50** (9x13 tray)**Pancakes** Maple Syrup included..... **\$18/dozen****French Toast** Maple Syrup included..... **\$28/dozen****Waffles** Maple Syrup included..... **\$32/dozen****Coffee To Go** 160oz container. includes 20 8oz cups, milk, sugar/sweetener..... **\$38**

SALADS

Medium (4-6 people) / Large (8-12 people) / Extra Large (14-16 people)

CHOICE OF DRESSING: *Honey Lemon, Balsamic, Honey Mustard, Caesar, Lo Cal Caesar, Sweet 'n Sour*

Hearty Quinoa **\$40** Medium / **\$65** Large / **\$80** Extra Large
Mixed Greens, Quinoa, Apples, Pomegranate Seeds, Maple Sunflower Seeds

Market Salad **\$40** Medium / **\$65** Large / **\$80** Extra Large
Romaine, Grilled Portobello Mushrooms, Roasted Beets, Chickpeas, Snap Peas, Avocado, Salad Topping

Spinach Combo **\$40** Medium / **\$65** Large / **\$80** Extra Large
Baby Spinach, Roasted Sweet Potato, Grilled Fennel, Grilled Portobello Mushrooms, Sundried Tomatoes, Quinoa,

The Power Bowl **\$40** Medium / **\$65** Large / **\$80** Extra Large
Mixed Greens, Quinoa, Chickpeas, Beets, Radishes, Blueberries, Almonds

Grilled Rockport **\$40** Medium / **\$65** Large / **\$80** Extra Large
Romaine, Grilled Pear, Grapes, Craisins, Feta, Cashews

Classic Caesar **\$35** Medium / **\$60** Large / **\$80** Extra Large
Romaine, Sliced Egg, Cherry Tomatoes, Homemade Croutons. Grated Parmesan available upon request.

Spinach Salad **\$40** Medium / **\$55** Large / **\$75** Extra Large
Baby Spinach, Mandarins, Sliced Mushrooms, Red Onions, Maple Sunflower Seeds

Greek Salad **\$45** Medium / **\$60** Large / **\$75** Extra Large
Romaine, Cherry tomatoes, Cucumber, Peppers, Black Olives, Feta. Anchovies available upon request.

Pasta Salad **\$35** Medium / **\$50** Large / **\$65** Extra Large
Tri-Colored Pasta, Sundried Tomatoes, Roasted Peppers

Edamame, Corn, Black Bean **\$40** (Medium)

Fresh Mango **\$45** (Medium)
Sliced Mango, Sliced Red Onion, Red Pepper, Green Beans

Israeli Salad Plus **\$45** (Medium)
Cucumbers, Tomatoes, Radishes, Red onion, Green Olives, Israeli Pickles

Quinoa Tabbouleh Salad **\$45** (Medium)
Quinoa, English Cucumber, Grape Tomatoes, Grated Carrots, Green Onion, Pomegranate seeds, parsley, mint

Waldorf Twist **\$45** (Medium)
Apples, Celery, Avocado, Red Onion, Quinoa, Craisins, Walnuts

MINIS

Mini Pizzas Basic	\$35/dozen
Mini Pizzas Specialty.....	\$45/dozen
<i>Grilled Vegetable / Mediterranean / Greek / Pesto / Bruschetta / Portobello</i>	
Mini Quiche	\$38/dozen
<i>Spinach / Mushroom / Zucchini / Vidalia Onion & Roasted Tomato</i>	
Mini Egg Rolls.....	\$28/dozen
Mini Potato Bourekas.....	\$20/dozen
Mini Salad Cups	\$25/dozen
<i>Fruit Salad / Veg & Dip / Quinoa Tabbouleh / Mango Salad / Edamame Salad / Israeli Salad Plus</i>	
Mini Blintzes.....	\$30/dozen
Skewered Fish served with dill horseradish sauce	
Salmon / Tilapia.....	\$35/dozen
Tuna.....	\$45/dozen
Skewered Grilled Tofu.....	\$20/dozen

QUICHE (12" round)

Spinach and Feta Quiche with Heirloom Tomatoes	\$55
Asparagus & Goat Cheese	\$55

HOT TRAYS (9x13)

Quiche <i>Spinach / Mushroom / Zucchini</i>	\$65	Fettuccine con Fungi.....	\$65
Eggplant Parmesan.....	\$65	Grilled Vegetable	\$60
Lasagna	\$65	Basmati Rice	\$40
Penne: <i>Rose / Pesto Cream</i>	\$65	Macaroni & Cheese.....	\$55
Fettuccine Alfredo.....	\$60	Seasoned Roasted Potatoes.....	\$45
Ravioli con Vodka.....	\$70	French Fried Potato Wedges.....	\$45

PIZZAS

	Medium (14")	Large (16")	X Large (18")
Basic	\$16	\$18	\$20
<i>Mozzarella, House Tomato Sauce</i>			
Grilled vegetable	\$20	\$25	\$29
<i>Mozzarella, Peppers, Zucchini, Onions, Eggplant</i>			
Mediterranean	\$20	\$25	\$29
<i>Mozzarella, Feta, Grilled Eggplant, Peppers, Sundried Tomatoes</i>			
Greek	\$20	\$25	\$29
<i>Mozzarella, Feta, Olives, Onions, Peppers, Tomatoes, Cucumbers</i>			
Pesto	\$20	\$25	\$29
<i>Mozzarella, Basil Pesto, Spinach, Red Onion, Mushrooms</i>			
Bruschetta Pizza.....	\$20	\$25	\$29
<i>House Sauce, Tomatoes, Red Onion, Herbs, Cheddar Cheese, Fresh Mozzarella Cheese</i>			
Portobello Pizza.....	\$20	\$25	\$29
<i>Grilled Portobello Mushrooms, Sundried Tomatoes, Sauteed Onions, Marinara Pesto Sauce, Three Cheese Mix</i>			

Square Party Pizza

16" Square --add \$5 to 16" round

18" Square-- add \$8 to 18" round

SOUPS 1 litre container (serves 4)

Cream of Mushroom (Dairy).....	\$18
Squash Zucchini (Non-Dairy)	\$18
Carrot Ginger (Non-Dairy).....	\$18
Garden Vegetable (Non-Dairy).....	\$18

CREPES

Mushroom	\$38/dozen
<i>Includes Creamy Mushroom Sauce</i>	
Cheese Blintzes	\$40/dozen
<i>Includes Blueberry Sauce</i>	

FISH

Side of Salmon	Please Call
<i>Includes our Dill Horseradish Sauce. Decorated on platter</i>	
Dinner Sized Salmon	\$15/Piece
<i>Teriyaki / Pistachio Crusted / Cedar Plank</i>	
Dinner Sized Tilapia	\$15/Piece
<i>Breaded / Sesame Crusted / Grilled</i>	
Dinner Sized Trout	\$15/piece
<i>Pecan Crusted / Pan Fried</i>	
Schmaltz Herring	\$4.00/fillet (5 pieces per fillet)
Matjes Herring	\$5.00/fillet (5 pieces per fillet)

DESSERTS

Cheesecake <i>Vanilla or Marble</i> 10 1/2" Round.....	\$65
Cheesecake Squares Platter(s) 25-30 squares.....	\$85
Churros	\$20/dozen
<i>Includes Chocolate Sauce, Caramel Sauce</i>	
Apple Strudel	\$18 per strip (6-8 slices per strip)
Fresh Fruit Platter	\$50 Small / \$70 Medium / \$95 Large
Pastries	\$3.00/person
<i>Rugelach (cinnamon, chocolate) or Mini Danishes (cheese, cinnamon, chocolate)</i>	