

**CATERING MENU**Breakfast • Lunch • Dinner  
Delivery Available**SANDWICH PLATTERS AND SPECIALTY BREADS****Scoop Platter** ..... **\$9.95/person***Solid White Tuna (bishul yisrael), Egg Salad, Lox, Cream Cheese. Served with Bagels and Rolls**Platter with New York Style Bagels* ..... **\$10.95/person****Sandwiches\*** ..... **\$65** (5-7 people) / **\$125** (10 people)*Assortment of Fillings on an Assortment of Breads and Ciabatta Buns***Wraps\*** ..... **\$80** (9 assorted wraps) / **\$150** (18 assorted wraps)*Grilled Veggie / Mediterranean / Tuna / Spicy Tuna / Greek / Omelette / Grilled Portobello / Grilled Salmon**Wraps: Whole Wheat, Sundried Tomato, Pesto***Pinwheel\*** Sandwiches on White or Whole Wheat Bread (Minimum 3 Dozen. Multiples of 3 Dozen)*Egg Salad / Tuna / Cream Cheese / Guacamole*..... **\$13/dozen***Lox & Cream Cheese / Feta, Lemon & Rosemary / Salmon / Almond & Apple Butter* ..... **\$15/dozen****Taco Platter\*** Corn Tacos..... **\$55** Small (8) / **\$75** Medium (12)*Grill Tuna, Mushroom, Onion / Crispy Salmon / Grill Vegetables, Chick Peas, Breaded Onion Rings /**Mango, Avocado, Black bean, Feta***\*Option for Sandwich / Wrap / Pinwheel / Taco Combinations****Focaccia** ..... **\$8** Medium (12") / **\$12** Large (16")*Herbed Italian Bread***Garlic Bread** [nice addition to salads]..... **\$12/dozen****ALL OCCASION TRAYS****Sliced Vegetable Platter** tomatoes, cucumbers, red onion..... **\$35** Medium / **\$50** Large**Grilled Vegetable Platter** ..... **\$45** Medium / **\$75** Large**Crudités** ..... **\$30** Small / **\$45** Medium/ **\$70** Large**Cheese, Crackers, Fruit, Condiment** ..... **\$75** (8-10 people)**Fresh Fruit Platter** ..... **\$50** Small / **\$70** Medium / **\$95** Large**Pastry Platter** mini danishes, rugelach, cookies.... **\$15** Small(5 ppl) / **\$30** Medium(10 ppl) / **\$60** Large(20ppl)**Sushi Assorted** ..... Please call**BREAKFAST TRAYS****Scrambled Eggs** ..... **\$45** (9x13 deep tray)**Shakshuka Tray** 15 Poached Eggs, Sauce..... **\$35****Frittata** onion, mushroom, spinach, cheddar..... **\$50** (9x13 tray)**Hash Browns**..... **\$45** (9x13 tray)**Pancakes** Maple Syrup included ..... **\$18/dozen****French Toast** Maple Syrup included..... **\$28/dozen****Waffles** Maple Syrup included ..... **\$32/dozen****Mini Yogurt Parfait** Yogurt, Granola, Fruit, Seeds ..... **\$5/piece****Coffee To Go** 160 oz container *Includes 20 8oz cups, milk, sugar, sweetener* ..... **\$38**

## SALADS

Medium (4-6 people) / Large (8-12 people) / Extra Large (14-16 people)

CHOICE OF DRESSING: *Balsamic, Caesar, Honey Lemon, Honey Mustard, Vinaigrette*

**Hearty Quinoa** ..... **\$40** Medium / **\$65** Large / **\$80** Extra Large  
*Mixed Greens, Quinoa, Apples, Pomegranate Seeds, Maple Sunflower Seeds*

**Market Salad** ..... **\$40** Medium / **\$65** Large / **\$80** Extra Large  
*Romaine, Grilled Portobello Mushrooms, Roasted Beets, Chickpeas, Snap Peas, Avocado, Salad Topping*

**Spinach Combo** ..... **\$40** Medium / **\$65** Large / **\$80** Extra Large  
*Baby Spinach, Roasted Sweet Potato, Grilled Fennel, Grilled Portobello Mushrooms, Sundried Tomatoes, Quinoa*

**The Power Bowl** ..... **\$40** Medium / **\$65** Large / **\$80** Extra Large  
*Mixed Greens, Quinoa, Chickpeas, Beets, Radishes, Blueberries, Almonds, Hemp Hearts*

**Grilled Rockport** ..... **\$40** Medium / **\$65** Large / **\$80** Extra Large  
*Romaine, Grilled Pear, Grapes, Dried Cranberries, Feta, Cashews*

**Spinach Salad** ..... **\$40** Medium / **\$65** Large / **\$80** Extra Large  
*Baby Spinach, Mandarins, Sliced Mushrooms, Red Onions, Maple Sunflower Seeds*

**Greek Salad** ..... **\$40** Medium / **\$65** Large / **\$80** Extra Large  
*Romaine, Cherry tomatoes, Cucumber, Peppers, Black Olives, Feta. Anchovies available upon request.*

**Classic Caesar** ..... **\$35** Medium / **\$60** Large / **\$75** Extra Large  
*Romaine, Sliced Egg, Cherry Tomatoes, Homemade Croutons. Grated Parmesan available upon request.*

**Peaches 'n Greens (Seasonal)** ..... **\$40** Medium / **\$60** Large / **\$80** Extra Large  
*Arugula, Grilled Peach, Red Onion, Feta, Candied Nuts*

**Pasta Salad** ..... **\$35** Medium / **\$50** Large / **\$65** Extra Large  
*Tri-Colored Pasta, Sundried Tomatoes, Roasted Peppers*

**Edamame, Corn, Black Bean** ..... **\$40** Medium

**Fresh Mango** ..... **\$45** Medium  
*Sliced Mango, Sliced Red Onion, Red Pepper, Green Beans*

**Israeli Salad Plus** ..... **\$45** Medium  
*Cucumbers, Tomatoes, Radishes, Red Onion, Green Olives, Pickles*

**Quinoa Tabbouleh Salad** ..... **\$45** Medium  
*Quinoa, English Cucumber, Grape Tomatoes, Grated Carrots, Green Onion, Pomegranate seeds*

**Waldorf Twist** ..... **\$45** Medium  
*Apples, Celery, Avocado, Red Onion, Quinoa, Dried Cranberries, Walnuts*

**Sushi Salad** ..... **\$45** Medium / **\$65** Large  
*Sushi Rice, Tempura Onion, Tempura Sweet Potato, Marinated Mushroom, Avocado, Carrot, Cucumber  
Grilled Salmon Bits. Sweet Dressing, Chipotle Mayo. Sesame Seeds*

## HORS D'OUVRES

Veg and Dip Cup.....	\$25/dozen	Edamame Salad Cup.....	\$25/dozen
Israeli Salad Plus Cup .....	\$25/dozen	Fruit Salad Cup .....	\$25/dozen
Quinoa Tabbouleh Spoon .....	\$25/dozen	Mango Salad Cup .....	\$25/dozen
Spinach Ricotta Wonton .....	\$30/dozen	Cheese Blintz Cigar.....	\$30/dozen
Flatbreads topped with grilled salmon/tuna .....	\$30/dozen		

## MINIS

Mini Pizzas Basic .....	\$35/dozen
Mini Pizzas Specialty .....	\$45/dozen
<i>Grilled Vegetable / Mediterranean / Greek / Pesto / Bruschetta / Portobello</i>	
Mini Quiche .....	\$38/dozen
<i>Spinach / Mushroom / Zucchini / Vidalia Onion &amp; Roasted Tomato</i>	
Mini Egg Rolls.....	\$28/dozen
Mini Potato Bourekas.....	\$20/dozen
Skewered Fish <i>Salmon / Tilapia</i> (served with dill horseradish sauce).....	\$35/dozen
Skewered Grilled Tofu .....	\$20/dozen

## HOT TRAYS (9x13)

Quiche <i>Spinach / Mushroom / Zucchini</i> .....	\$65	Fettuccine con Fungi .....	\$65
Eggplant Parmesan.....	\$65	Grilled Vegetable.....	\$60
Lasagna.....	\$65	Basmati Rice.....	\$40
Penne <i>Rosé / Pesto Cream</i> .....	\$65	Macaroni & Cheese .....	\$55
Fettuccine Alfredo.....	\$65	Seasoned Roasted Potatoes.....	\$45
Ravioli con Vodka.....	\$70	French Fried Potato Wedges.....	\$45
Pasta Primavera.....	\$65	Tuna Shanghai.....	\$80

## PIZZAS

	MEDIUM 14" Round	LARGE 16" Round	LARGE 16" Square	X-LARGE 18" Round	X-LARGE 18" Square
Basic .....	\$16.....	\$18.....	\$24 .....	\$22 .....	\$28
<i>Mozzarella, House Tomato Sauce</i>					
Grilled vegetable .....	\$20.....	\$25.....	\$30 .....	\$30 .....	\$35
<i>Mozzarella, Peppers, Zucchini, Onions, Eggplant</i>					
Mediterranean .....	\$20.....	\$25.....	\$30 .....	\$30 .....	\$35
<i>Mozzarella, Feta, Grilled Eggplant, Peppers, Sundried Tomatoes</i>					
Greek .....	\$20.....	\$25.....	\$30 .....	\$30 .....	\$35
<i>Mozzarella, Feta, Olives, Onions, Peppers, Tomatoes, Cucumbers</i>					
Pesto .....	\$20.....	\$25.....	\$30 .....	\$30 .....	\$35
<i>Mozzarella, Basil Pesto, Spinach, Red Onion, Mushrooms</i>					
Bruschetta Pizza .....	\$20.....	\$25.....	\$30 .....	\$30 .....	\$35
<i>House Sauce, Tomatoes, Red Onion, Herbs, Cheddar Cheese, Fresh Mozzarella Cheese</i>					
Portobello Pizza.....	\$20.....	\$25.....	\$30 .....	\$30 .....	\$35
<i>Grilled Portobello Mushrooms, Sundried Tomatoes, Sautéed Onions, Marinara Pesto Sauce, Three Cheese Mix</i>					
Alfredo Pizza.....	\$20.....	\$25.....	\$30 .....	\$30 .....	\$35
<i>Alfredo Sauce, Sautéed Mushrooms, Caramelized Onions, Spinach, Three Cheese Mix</i>					

**SOUPS** 1 litre container (serves 4)

<b>Cream of Mushroom</b> (Dairy).....	<b>\$12</b>
<b>Squash Zucchini</b> (Non-Dairy) .....	<b>\$12</b>
<b>Carrot Ginger</b> (Non-Dairy).....	<b>\$12</b>
<b>Garden Vegetable</b> (Non-Dairy).....	<b>\$12</b>

**QUICHE** (12" round)

<b>Spinach and Feta Quiche with Heirloom Tomatoes</b> .....	<b>\$55</b>
<b>Asparagus &amp; Goat Cheese</b> .....	<b>\$55</b>

**CREPES**

<b>Mushroom</b> . .....	<b>\$38/dozen</b>
<i>Includes Creamy Mushroom Sauce</i>	
<b>Cheese Blintzes</b> . .....	<b>\$42/dozen</b>
<i>Includes Blueberry Sauce</i>	

**FISH**

<b>Side of Salmon</b> .....	<b>Please Call</b>
<i>Includes our Dill Horseradish Sauce. Decorated on platter</i>	
<b>Dinner Sized Salmon</b> .....	<b>\$15/Piece</b>
<i>Teriyaki / Pistachio Crusted / Cedar Plank</i>	
<b>Dinner Sized Tilapia</b> .....	<b>\$15/Piece</b>
<i>Breaded / Sesame Crusted / Grilled</i>	
<b>Dinner Sized Trout</b> .....	<b>\$15/piece</b>
<i>Pecan Crusted / Pan Fried</i>	
<b>Schmaltz Herring</b> .....	<b>\$4/fillet (5 pieces per fillet)</b>
<b>Matjes Herring</b> .....	<b>\$5/fillet (5 pieces per fillet)</b>

**DESSERTS**

<b>Cheesecake</b> <i>Vanilla or Marble</i>	
10 ½" Round .....	<b>\$65</b>
Mini Cheesecakes.....	<b>\$35/dozen</b>
<b>Churros</b> <i>Includes Chocolate Sauce, Caramel Sauce</i> .....	<b>\$20/dozen</b>
<b>Apple Strudel</b> .....	<b>\$18 per strip (6-8 slices per strip)</b>
<b>Fresh Fruit Platter</b> .....	<b>\$50 Small / \$70 Medium / \$95 Large</b>
<b>Pastries</b> .....	<b>\$3.00/person</b>
<i>Rugelach (cinnamon/chocolate) or Mini Danishes (cheese/cinnamon/chocolate)</i>	