

CATERING MENU

Breakfast · Lunch · Dinner

Delivery Available

**SANDWICH PLATTERS AND SPECIALTY BREADS****Scoop Platter** \$9.95/person*Solid White Tuna (Bishul Yisrael), Egg Salad, Lox, Cream Cheese. Served with Bagels and Rolls**Platter with New York Style Bagels*..... \$10.95/person**Sandwiches*** \$65 (5-7 people) / \$125 (10 people)*Assortment of Fillings on an Assortment of Breads and Ciabatta Buns***Wraps*** \$80 (9 assorted wraps) / \$150 (18 assorted wraps)*Grilled Veggie / Mediterranean / Tuna / Spicy Tuna / Greek / Omelette / Grilled Portobello / Grilled Salmon**Wraps: Whole Wheat, Sundried Tomato, Pesto***Pinwheel*** Sandwiches on White or Whole Wheat Bread (Minimum 3 Dozen. Multiples of 3 Dozen)*Egg Salad / Tuna / Cream Cheese* \$13/dozen*Lox & Cream Cheese / Salmon*..... \$15/dozen**Taco Platter*** Corn Tacos \$55 Small (8) / \$75 Medium (12)*Grill Tuna, Mushroom, Onion / Crispy Salmon / Grill Vegetables, Chick Peas, Breaded Onion Rings /**Mango, Avocado, Black bean, Feta****Option for Sandwich / Wrap / Pinwheel / Taco Combinations****Focaccia Herbed Italian Bread** \$8 Medium (12") / \$12 Large (16")**Garlic Bread** [nice addition to salads] \$12/dozen**ALL OCCASION TRAYS****Sliced Vegetable Platter** *Tomatoes, Cucumbers, Red onion* \$35 Medium / \$50 Large**Grilled Vegetable Platter** \$45 Medium / \$75 Large**Crudités** \$30 Small / \$45 Medium/ \$70 Large**Cheese, Crackers, Fruit, Condiment** \$75 (8-10 people)**Fresh Fruit Platter** \$50 Small / \$70 Medium / \$95 Large**Pastry Platter** *mini danishes, rugelach, churros*..... \$15 Small(5 ppl) / \$30 Medium(10 ppl) / \$60 Large(20 ppl)**Sushi Assorted**..... Please call**BREAKFAST TRAYS****Scrambled Eggs** \$45 (9x13 deep tray)**Shakshuka Tray** *15 Poached Eggs, Sauce* \$35**Frittata** *Onion, Mushroom, Spinach, Cheese* \$50 (9x13 tray)**Hash Browns** \$45 (9x13 tray)**Pancakes** *Maple Syrup included* \$18/dozen**French Toast** *Maple Syrup included* \$28/dozen**Waffles** *Maple Syrup included* \$32/dozen**Mini Yogurt Parfait** *Yogurt, Granola, Fruit, Seeds*..... \$5/piece**Coffee To Go** 160oz container *Includes 20 8oz cups + lids, milk, sugar, sweetener*..... \$38**Hot Chocolate To Go** 160oz container *includes 20 8oz cups + lids*..... \$50

SALADS

Medium (4-6 people) / Large (8-12 people) / Extra Large (14-16 people)

CHOICE OF DRESSING: Balsamic, Caesar, Honey Lemon, Honey Mustard, Vinaigrette

Hearty Quinoa\$40 Medium / \$65 Large / \$80 Extra Large
Mixed Greens, Quinoa, Apples, Pomegranate Seeds, Maple Sunflower Seeds

Market Salad..... \$40 Medium / \$65 Large / \$80 Extra Large
Romaine, Grilled Portobello Mushrooms, Roasted Beets, Chickpeas, Snap Peas, Avocado, Salad Topping

Spinach Combo\$40 Medium / \$65 Large / \$80 Extra Large
Baby Spinach, Roasted Sweet Potato, Grilled Fennel, Grilled Portobello Mushrooms, Sundried Tomatoes, Quinoa

The Power Bowl..... \$40 Medium / \$65 Large / \$80 Extra Large
Mixed Greens, Quinoa, Chickpeas, Beets, Radishes, Blueberries, Almonds, Hemp Hearts

Grilled Rockport\$40 Medium / \$65 Large / \$80 Extra Large
Romaine, Grilled Pear, Grapes, Dried Cranberries, Feta, Cashews

Spinach Salad.....\$40 Medium/ \$65 Large/ \$80 Extra Large
Baby Spinach, Mandarins, Sliced Mushrooms, Red Onions, Maple Sunflower Seeds

Greek Salad\$40 Medium / \$65 Large/ \$80 Extra Large
Romaine, Cherry tomatoes, Cucumber, Peppers, Black Olives, Feta. Anchovies available upon request.

Classic Caesar\$35 Medium / \$60 Large / \$75 Extra Large
Romaine, Sliced Egg, Cherry Tomatoes, Homemade Croutons. Grated Parmesan available upon request.

Peaches 'n Greens (Seasonal)\$40 Medium / \$60 Large / \$80 Extra Large
Arugula, Grilled Peach, Red Onion, Feta, Candied Nuts

Pasta Salad\$35 Medium / \$50 Large / \$65 Extra Large
Tri-Colored Pasta, Sundried Tomatoes, Roasted Peppers

Tex Mex Mix.....\$40 Medium /\$65 Large
Crispy Sweet Potato, Smoked Grilled Corn, Quinoa, Cauliflower, Cucumber, Tomatoes, Beans, Hemp Hearts, Lettuce

Edamame, Corn, Black Bean\$40 Medium

Fresh Mango\$45 Medium
Sliced Mango, Sliced Red Onion, Red Pepper, Green Beans

Israeli Salad Plus \$45 Medium
Cucumbers, Tomatoes, Radishes, Red Onion, Green Olives, Pickles

Quinoa Tabbouleh Salad\$45 Medium
Quinoa, English Cucumber, Grape Tomatoes, Grated Carrots, Green Onion, Pomegranate seeds

Waldorf Twist\$45 Medium
Apples, Celery, Avocado, Red Onion, Quinoa, Dried Cranberries, Walnuts

Sushi Salad \$45 Medium / \$65 Large
*Sushi Rice, Tempura Onion, Tempura Sweet Potato, Marinated Mushroom, Avocado, Carrot, Cucumber
Grilled Salmon Bits. Sweet Dressing, Chipotle Mayo. Sesame Seeds*

HORS D'OUVRES

Veg and Dip Cup.....	\$25/dozen	Edamame Salad Cup.....	\$25/dozen
Israeli Salad Plus Cup	\$25/dozen	Fruit Salad Cup.....	\$25/dozen
Flatbreads grilled salmon / tuna.....	\$30/dozen	Mango Salad Cup.....	\$25/dozen
Spinach Ricotta Wonton.....	\$30/dozen	Quinoa Tabbouleh Salad.....	\$25/dozen

MINIS

Mini Pizzas Basic.....	\$35/dozen
Mini Pizzas Specialty	\$45/dozen
<i>Grilled Vegetable / Mediterranean / Greek / Pesto / Bruschetta / Portobello</i>	
Sliders Beyond Burger / Crispy Salmon / Crab Cake.....	\$65/dozen
Mini Blintzes.....	\$35/dozen
Mini Quiche Spinach / Mushroom / Zucchini.....	\$38/dozen
Mini Egg Rolls.....	\$28/dozen
Mini Potato Bourekas	\$20/dozen
Skewered Fish Salmon / Tilapia (served with dill horseradish sauce).....	\$35/dozen
Skewered Grilled Tofu	\$20/dozen

HOT TRAYS (9x13)

Eggplant Parmesan.....	\$65	Grilled Vegetable	\$60
Lasagna.....	\$65	Basmati Rice.....	\$40
Penne Rosé / Pesto Cream	\$65	Macaroni & Cheese	\$55
Fettuccine Alfredo.....	\$65	Seasoned Roasted Potatoes.....	\$45
Ravioli con Vodka	\$70	French Fried Potato Wedges.....	\$45
Pasta Primavera.....	\$65	Tuna Shanghai.....	\$80
Fettuccine Con Funghi.....	\$65	Salmon Poppers.....	\$80

PIZZAS

	Medium 14" Round	Large 16" Round	Large 16" Square	X-Large 18" Round	X-Large 18" Square
Basic	\$16	\$18	\$24	\$22	\$28
<i>Mozzarella, House Tomato Sauce</i>					
Grilled Vegetable	\$20	\$25	\$30	\$30	\$35
<i>Mozzarella, Peppers, Zucchini, Onions, Eggplant</i>					
Mediterranean	\$20	\$25	\$30	\$30	\$35
<i>Mozzarella, Feta, Grilled Eggplant, Peppers, Sundried Tomatoes</i>					
Greek	\$20	\$25	\$30	\$30	\$35
<i>Mozzarella, Feta, Olives, Onions, Peppers, Tomatoes, Cucumbers</i>					
Pesto	\$20	\$25	\$30	\$30	\$35
<i>Mozzarella, Basil Pesto, Spinach, Red Onion, Mushrooms</i>					
Bruschetta	\$20	\$25	\$30	\$30	\$35
<i>House Sauce, Tomatoes, Red Onion, Herbs, Cheddar Cheese, Fresh Mozzarella Cheese</i>					
Portobello	\$20	\$25	\$30	\$30	\$35
<i>Grilled Portobello Mushrooms, Sundried Tomatoes, Sautéed Onions, Marinara Pesto Sauce, 3 Cheese Mix</i>					
Alfredo	\$20	\$25	\$30	\$30	\$35
<i>Alfredo Sauce, Sautéed Mushrooms, Caramelized Onions, Spinach, Three Cheese Mix</i>					
Sunny Side.....	\$20	\$25	\$30	\$30	\$35
<i>Over Easy Egg, Sundried Tomato, Arugula, Pesto, Three Cheese Mix</i>					

SOUPS 1 litre container (serves 4)

Cream of Mushroom (Dairy).....	\$12
Squash Zucchini (Non-Dairy)	\$12
Carrot Ginger (Non-Dairy)	\$12
Garden Vegetable (Non-Dairy).....	\$12

QUICHE (12" round)

Spinach and Feta Quiche with Heirloom Tomatoes	\$65
Asparagus & Goat Cheese	\$65

CREPES

Mushroom	\$38/dozen
<i>Includes Creamy Mushroom Sauce</i>	
Cheese Blintzes	\$42/dozen
<i>Includes Blueberry Sauce</i>	

FISH

Side of Salmon	Please Call
<i>Includes our Dill Horseradish Sauce. Decorated on platter</i>	
Dinner Sized Salmon	\$15/Piece
<i>Teriyaki / Pistachio Crusted / Cedar Plank</i>	
Dinner Sized Tilapia	\$15/Piece
<i>Breaded / Sesame Crusted / Grilled</i>	
Dinner Sized Trout	\$15/piece
<i>Pecan Crusted / Pan Fried</i>	
Schmaltz Herring	\$4/fillet (5 pieces per fillet)
Matjes Herring	\$5/fillet (5 pieces per fillet)

DESSERTS

Cheesecake <i>Vanilla or Marble</i>	
10 ½" Round	\$65
Mini Cheesecakes.	\$42/dozen
Churros <i>Includes Chocolate Sauce, Caramel Sauce</i>	\$20/dozen
Apple Strudel	\$18 per strip (6-8 slices per strip)
Fresh Fruit Platter	\$50 Small / \$70 Medium / \$95 Large
Pastry Platter <i>mini danishes, rugelach, churros</i>	\$15 Small(5 ppl) / \$30 Medium(10 ppl) / \$60 Large(20 ppl)