



MILK 'N HONEY RESTAURANT & CATERING

CATERING MENU

Breakfast · Lunch · Dinner

Delivery Available

SANDWICH PLATTERS AND SPECIALTY BREADS

- Scoop Platter** **\$13.00**/person
Solid White Tuna (Bishul Yisrael), Egg Salad, Lox, Cream Cheese, Vegetables. Served with Bagels and Rolls
- Platter with Bubby's New York Style Bagels*..... **\$14.50**/person
- All Star Platters** priced as bulk. arranged on platter add **\$7/platter**
- *Sandwiches**..... **\$75** (5-7 people) **\$135** (10 people)
Assortment of Fillings on Breads, Rolls or Ciabatta Buns
- *Wraps**..... **\$99** (8 assorted wraps) **\$199** (18 assorted wraps)
Grilled Veggie / Mediterranean /Tuna / Spicy Tuna / Greek /Omelette / Grilled Portobello / Grilled Salmon / Falafel
Wraps: Whole Wheat, Sundried Tomato, Pesto
- Mini Wraps**..... **\$96**/dozen
- *Pinwheel Sandwiches** on White or Whole Wheat Bread (Minimum 3 Dozen. Multiples of 3 Dozen)
Egg Salad / Tuna / Cream Cheese **\$16**/dozen
Lox & Cream Cheese / Salmon..... **\$19**/dozen
- *Sliders** Beyond Burger / Crispy Salmon / Krab Cake..... **\$80**/dozen
- *Taco Platter**..... **\$75** Small (8) **\$105** Medium (12)
Tuna (grilled tuna, mushroom, onion) / Crispy Salmon / Veggie (grilled vegetables, chick peas, breaded onion rings) /
Southwestern (mango, avocado, black bean, feta)
- Rice Paper Wraps** (grilled kani, fresh vegetables)..... **\$60**/dozen
- Focaccia Herbed Italian Bread**..... **\$10** Medium (12") **\$13** Large (16")
- Garlic Bread** [nice addition to salads]..... **\$14**/dozen
- Garlic Knots**..... **\$12**/dozen

ALL OCCASION TRAYS

- Sliced Vegetable Platter** *Tomatoes, Cucumbers, Red onion*..... **\$40** (8-10ppl) **\$55** (12-15ppl)
- Grilled Vegetable Platter**..... **\$55** (8-10ppl) **\$80** (12-15ppl)
- Crudités**..... **\$45** Small / **\$60** Medium / **\$85** Large
- Cheese, Crackers, Fruit, Condiment**..... **\$80** (8-10 people)
- Fresh Fruit Platter**..... **\$55** Small(5-8) **\$75** Medium(8-12) **\$95** Large (10-14) **\$125** Extra Large (15-20)
- Pastry**..... **20** Small(5 ppl) **\$45** Medium(10 ppl) **\$75** Large(20 ppl) **on platter add \$5**
- Sushi Assorted** Please call

BREAKFAST TRAYS

- Scrambled Eggs**..... **\$62** (9x13 deep tray)
- Shakshuka Tray** *15 Poached Eggs, Sauce.* **\$50**
- Frittata** *Onion, Mushroom, Spinach, Cheese* **\$65** (9x13 tray)
- Hash Browns**..... **\$50** (9x13 tray)
- Pancakes** *Syrup included* **\$24**/dozen
- French Toast** *Syrup included* **\$38**/dozen
- Waffles** *Syrup included* **\$36**/dozen
- Mini Yogurt Parfait** *Yogurt, Granola, Fruit, Seeds*..... **\$6**/piece
- Coffee To Go** *Includes 10 x 8oz cups + lids, milk, sugar, sweetener*..... **\$38**

SALADS

Medium (4-6 people) / Large (8-12 people) / Extra Large (14-16 people)

CHOICE OF DRESSING: Strawberry Balsamic, Caesar, Honey Lemon, Honey Mustard, Vinaigrette

Crispy Fusion.....\$50 Medium / \$70 Large / \$85 Extra Large
Greens, Crispy Sweet Potato, Edamame, Cucumber, Crispy Onion, Carrot, Marinated Mushroom. Asian Dressing

Hearty Quinoa..... \$50 Medium / \$70 Large / \$85 Extra Large
Mixed Greens, Quinoa, Apples, Pomegranate Seeds, Maple Sunflower Seeds

Market Salad \$50 Medium / \$70 Large / \$85 Extra Large
Romaine, Grilled Portobello Mushrooms, Roasted Beets, Chickpeas, Green Beans, Avocado, Salad Topping

Spinach Combo \$50 Medium / \$70 Large / \$85 Extra Large
Baby Spinach, Roasted Sweet Potato, Grilled Portobello Mushrooms, Sundried Tomatoes, Quinoa

The Power Bowl \$50 Medium / \$70 Large / \$85 Extra Large
Mixed Greens, Quinoa, Chickpeas, Beets, Radishes, Blueberries, Almonds, Hemp Hearts

Morning Glory Salad.....\$50 Medium / \$70 Large / \$85 Extra Large
Greens, Grilled Pineapple, Grapefruit, Mango, Avocado, Goat Cheese (warm breaded on request)

Grilled Rockport\$50 Medium / \$70 Large / \$85 Extra Large
Romaine, Grilled Pear, Grapes, Dried Cranberries, Pomegranate Seeds, Feta, Cashews

Spinach Salad.....\$50 Medium / \$70 Large / \$85 Extra Large
Baby Spinach, Mandarins, Sliced Mushrooms, Red Onions, Maple Sunflower Seeds

Greek Salad.....\$50 Medium / \$70 Large / \$85 Extra Large
Romaine, Cherry tomatoes, Cucumber, Peppers, Black Olives, Feta. Anchovies available upon request.

Classic Caesar \$45 Medium / \$65 Large / \$80 Extra Large
Romaine, Sliced Egg, Cherry Tomatoes, Homemade Croutons. Grated Parmesan available upon request.

Peaches 'n Greens (Seasonal)\$50 Medium / \$70 Large / \$85 Extra Large
Arugula, Grilled Peach, Red Onion, Feta, Candied Nuts

Pasta Salad\$45 Medium / \$65 Large / \$80 Extra Large
Tri-Colored Pasta, Sundried Tomatoes, Roasted Peppers

Tex Mex Mix.....\$50 Medium / \$70 Large
Crispy Sweet Potato, Smoked Grilled Corn, Quinoa, Avocado, Cucumber, Tomatoes, Beans, Hemp Hearts, Greens

Edamame, Corn, Black Bean\$50 Medium

Fresh Mango.....\$50 Medium
Sliced Mango, Sliced Red Onion, Red Pepper, Green Beans

Israeli Salad Plus..... \$55 Medium
Cucumbers, Tomatoes, Radishes, Red Onion, Green Olives, Pickles

Quinoa Tabbouleh Salad.....\$50 Medium
Quinoa, English Cucumber, Grape Tomatoes, Grated Carrots, Green Onion, Pomegranate seeds

Waldorf Twist.....\$50 Medium
Apples, Celery, Avocado, Red Onion, Quinoa, Dried Cranberries, Walnuts

Sushi Salad \$55 Medium / \$75 Large
Sushi Rice, Tempura Onion, Tempura Sweet Potato, Marinated Mushroom, Avocado, Carrot, Cucumber
Grilled Salmon Bits. Sweet Dressing, Chipotle Mayo. Sesame Seeds

HORS D'OUVRES arranged on platter- add \$5/platter

Veg and Dip Cup.....	\$48/dozen	Fruit Salad Cup.....	\$48/dozen
Israeli Salad Plus Cup	\$48/dozen	Beggar's Purse (krab filling).....	\$48/dozen
Flatbreads grilled <i>salmon / tuna</i>	\$35/dozen	Bruschetta.....	\$35/dozen
Spinach Ricotta Wonton.....	\$32/dozen	Avocado Spinach Feta Crostini.....	\$35/dozen
Mac n Cheese Balls (<i>dipping sauce</i>)..	\$38/dozen	Grilled Veg Mozzarella Crostini.....	\$35/dozen

MINIS arranged on platter- add \$5/platter

Mini Pizzas Basic.....	\$38/dozen
Mini Pizzas Specialty-Grilled Veg/Mediterranean/Greek/Pesto/Bruschetta/Portobello	\$48/dozen
Sliders <i>Beyond Burger / Crispy Salmon / Krab Cake</i>	\$70/dozen
Mini Blintzes.....	\$38/dozen
Mini Quiche <i>Spinach / Mushroom / Zucchini</i>	\$40/dozen
Mini Egg Rolls	\$30/dozen
Mini Potato Bourekas	\$30/dozen
Skewered Fish <i>Salmon / Tilapia</i> (served with dill horseradish sauce).....	\$40/dozen
Skewered Grilled Tofu	\$30/dozen

HOT TRAYS (9x13)

Eggplant Parmesan.....	\$70	Grilled Vegetable.....	\$65
Lasagna.....	\$70	Basmati Rice.....	\$45
Penne <i>Rosé / Pesto Cream</i>	\$70	Macaroni & Cheese.....	\$60
Fettuccine Alfredo.....	\$70	Seasoned Roasted Potatoes.....	\$50
Ravioli con Vodka	\$75	French Fried Potato Wedges.....	\$50
Pasta Primavera.....	\$70	Tuna Shanghai.....	\$80
Fettuccine Con Funghi.....	\$70	Salmon Poppers.....	\$85
Grilled Vegetables over Quinoa.....	\$70	Stir Fry over Tofu.....	\$70

PIZZAS

	Medium 14" Round	Large 16" Round	Large 16" Square	X-Large 18" Round	X-Large 18" Square
Basic	\$18	\$20	\$26	\$26	\$30
<i>Mozzarella, House Tomato Sauce</i>					
Grilled Vegetable	\$22	\$27	\$33	\$33	\$38
<i>Mozzarella, Peppers, Zucchini, Onions, Eggplant</i>					
Mediterranean	\$22	\$27	\$33	\$33	\$38
<i>Mozzarella, Feta, Grilled Eggplant, Peppers, Sundried Tomatoes</i>					
Greek	\$22	\$27	\$33	\$33	\$38
<i>Mozzarella, Feta, Olives, Onions, Peppers, Tomatoes, Cucumbers</i>					
Pesto	\$22	\$27	\$33	\$33	\$38
<i>Mozzarella, Basil Pesto, Spinach, Red Onion, Mushrooms</i>					
Bruschetta	\$22	\$27	\$33	\$33	\$38
<i>House Sauce, Tomatoes, Red Onion, Herbs, Cheddar Cheese, Fresh Mozzarella Cheese</i>					
Portobello	\$22	\$27	\$33	\$33	\$38
<i>Grilled Portobello Mushrooms, Sundried Tomatoes, Sautéed Onions, Marinara Pesto Sauce, 3 Cheese Mix</i>					
Alfredo	\$22	\$27	\$33	\$33	\$38
<i>Alfredo Sauce, Sautéed Mushrooms, Caramelized Onions, Spinach, Three Cheese Mix</i>					
Sunny Side.....	\$22	\$27	\$33	\$33	\$38
<i>Over Easy Egg, Sundried Tomato, Arugula, Pesto, Three Cheese Mix</i>					

SOUPS 1 litre container (serves 4)

Cream of Mushroom (Dairy).....	\$12
Squash Zucchini (Non-Dairy)	\$12
Carrot Ginger (Non-Dairy).....	\$12
Garden Vegetable (Non-Dairy).....	\$12

QUICHE (12" round)

Spinach and Feta Quiche with Heirloom Tomatoes	\$75
Asparagus & Goat Cheese	\$75
Mushroom	\$65
Zucchini	\$65

CREPES

Mushroom	\$48/dozen
<i>Includes Creamy Mushroom Sauce</i>	
Cheese Blintzes	\$54/dozen
<i>Includes Blueberry Sauce</i>	

FISH

Side of Salmon	Please Call
<i>Includes our Dill Horseradish Sauce. Decorated on platter</i>	
Dinner Sized Salmon	\$15/Piece
<i>Teriyaki / Pistachio Crusted / Cedar Plank</i>	
Dinner Sized Tilapia	\$15/Piece
<i>Breaded / Sesame Crusted / Grilled</i>	
Dinner Sized Trout	\$15/piece
<i>Pecan Crusted / Pan Fried</i>	
Schmaltz Herring	\$5/fillet (5 pieces per fillet)
Matjes Herring	\$6/fillet (5 pieces per fillet)

DESSERTS

Cheesecake <i>Vanilla</i>	
10 ½" Round	\$75
8" Round.....	\$55
Mini Cheesecakes.....	\$50/dozen arranged on platter- add \$5
Mason Jar Cheesecakes.....	\$10/piece
Churros <i>Includes Chocolate Sauce, Caramel Sauce</i>	\$20/dozen
Apple Strudel	\$20 per strip (6-8 slices per strip) arranged on platter- add \$5/platter
Fresh Fruit Platter	\$55 Small / \$75 Medium / \$95 Large / \$125 Extra Large
Pastry Platter \$20 Small (5 ppl) / \$45 Medium (10 ppl) / \$75 Large (20 ppl) arranged on platter-add \$5	